Create Your CMYK file in Adobe Photoshop.

1. Open your CMYK .psd file in Adobe Photoshop.
2. Duplicate the file.
3. Change the file name to change the CMYK channel name to the desired name.
4. Select all the channels and convert them to grayscale.
5. Apply the selected channels to the grayscale file.
6. Save your CMYK file as a Photoshop .psd file.